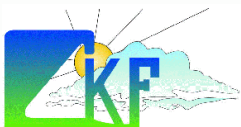


CENTRAL KANSAS FOUNDATION 2008 Annual Report



What Matters Most...

Our Patients, Our Promises, Our Partnerships



Quality, Effective and Innovative Prevention and Treatment Services since 1967




VISION

Recognized as a leader in the field, the Central Kansas Foundation serves as a catalyst for the development and delivery of quality, effective and innovative substance abuse prevention and treatment services. CKF values the diverse needs of the community while offering each person compassion, dignity, and respect.

AGENCY MISSION

The Central Kansas Foundation is a not-for-profit corporation founded for the purpose of providing both quality and affordable alcohol and other drug education and treatment services to the citizens of Salina and surrounding areas.



The Central Kansas Foundation is a 501(c)3 not for profit organization founded in 1967. CKF is governed by a volunteer Board of Directors representing diverse backgrounds within the community.



From the CEO

What Matters Most ...

Times are uncertain. People are concerned about whether they will wake up tomorrow with a job, a home, and food on the table. Businesses worry about budget cuts and making payroll. These are times that require agencies committed to supporting those in need to reflect on *What Matters Most*.

Delivering quality services through challenging times has always been a focus and commitment of the staff and leadership of the Central Kansas Foundation and remains so today. In 2008, the Central Kansas Foundation achieved the long awaited goal of becoming the one of the first free standing substance abuse treatment and prevention agencies in Kansas to have programs accredited through the Commission on Accreditation of Rehabilitation Facilities (CARF). The survey team from CARF came for an intensive 3-day visit in June. During that time the team members met with our staff, our patients, and several of our community partners. What a wonderful and rewarding experience it was to hear about the impact that recovery has had for so many individuals and their families. The survey offered us all an opportunity to really reflect on what matters most in the lives of our patients and for our partners as we struggle with the ups and downs of recovery from addiction.

Even through difficult and challenging times the Central Kansas Foundation has a responsibility and commitment to keeping our promises to our patients, our communities, and our partners. Just as we provide hope and support to many individuals throughout each year, our patients and our community partners offer hope and help to the Central Kansas Foundation.

As we enter a new year our focus is on renewing our mission and promises. In recent months there has been a new emphasis at the federal and state level in "Recovery Oriented Systems of Care." This emphasis will offer some special opportunities for CKF to connect and partner in new ways with recovery communities and various community resources. As we decide how to approach these new opportunities our challenge is to always keep in mind *What Matters Most ... our patients, our promises, and our partners*.

LES SPERLING
Chief Executive Officer



Central Kansas Foundation

2008

Board of Directors

Fr. Kerry Ninemire, President

Deborah Prater, Vice President

North McArthur, Secretary/Treasurer

Linda Benjamin

Larry Day

Dennis Hill

Alan Jilka

Ed Marks

Scott Seirer

Gerald Shaft

OUR PROMISES

To our Patients...

- To help*
- To provide quality and affordable services*
- To offer effective programs*
- To provide a safe and comfortable environment*
- To ensure a knowledgeable staff*
- To provide hope*

To Our Communities...

- To fight for the needs of the addict*
- To fight the stigma of addiction*
- To provide education and resources about addiction*
- To provide assistance to individuals, families, employers, citizens of the communities*

To Our Partners, Funders, Referral Sources

- To offer prompt service*
 - To provide consistent service*
 - To provide effective programs*
 - To manage our resources responsibly*
-

CKF Programs & Services

- Prevention Services
- Educational Programs
- Assessment & Referral
- Social Detoxification
- Residential Treatment
- Intensive Outpatient Treatment
- Outpatient Treatment Groups
- Individual and Family Counseling
- Continuing Care Group
- Case Management
- Anger Management
- Employee Assistance Services

Central Kansas
Foundation Offices are
located in the following
communities in North
Central Kansas:

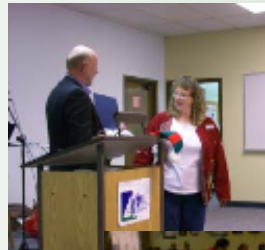
SALINA
1805 South Ohio
Salina, KS 67401
(785)825-6224

ABILENE
306 N. Cedar
Abilene, KS 67410
(785)263-1328

JUNCTION CITY
839 N. Eisenhower
Junction City, KS 66441
(785)762-3700

COLBY
180 W. 6th
Colby, KS 67701
(785)460-5885

MCPHERSON
107 W. Marlin
McPherson, KS
67460
(620)241-5550



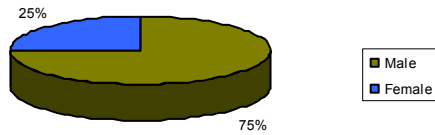
2008 Agency Highlights

- ◆ *3-Year Accreditation of Social Detoxification, Residential Treatment, Intensive Outpatient Treatment, Outpatient Treatment Services by the Commission on Accreditation of Rehabilitation Facilities (CARF)*
- ◆ *Expanded services to Northwest Kansas with the opening of the Colby Regional office in May 2008*
 - ◆ *Celebrated National Recovery Month with a fun and successful community Ice Cream Social*
- ◆ *Enhanced treatment services by offering specialized services in Early Recovery and Relapse Prevention*

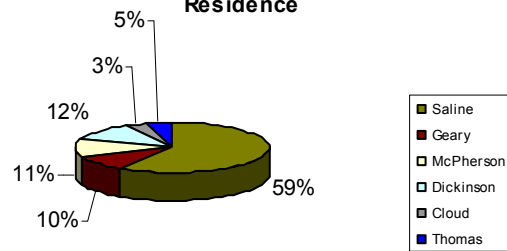


2008 Patient Demographics

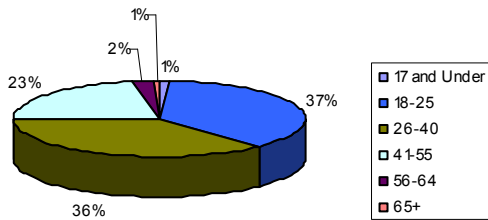
2008 Admissions by Gender



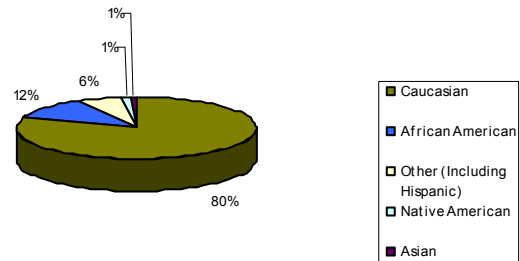
2008 Admissions by County of Residence



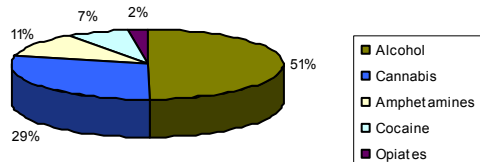
2008 Admissions by Age



2008 Admissions by Race

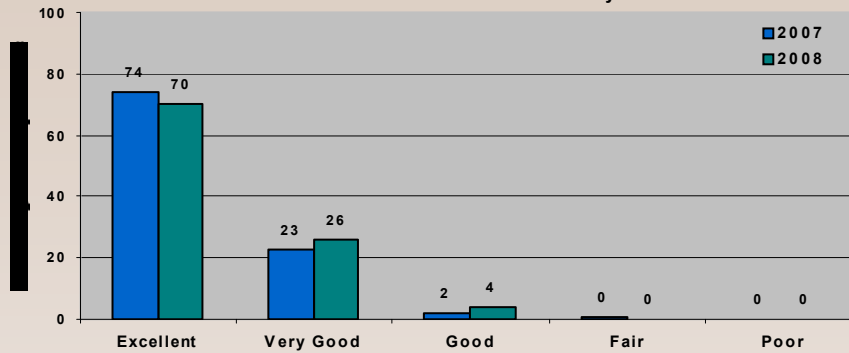


2008 Drug of Choice

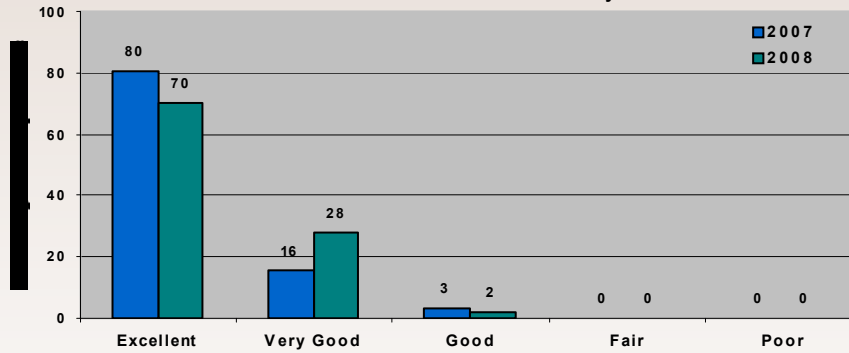


2008 Patient Satisfaction

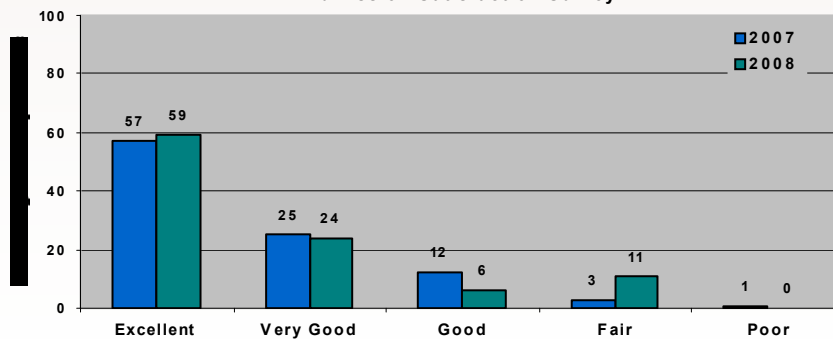
Quality of Service
2007-2008
Admission Satisfaction Survey



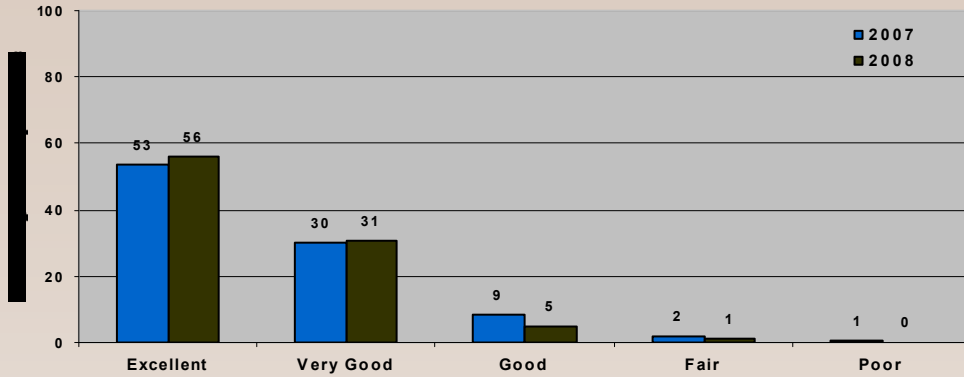
Professionalism, Respect, and Courtesy Shown by Counselor
2007-2008
Admission Satisfaction Survey



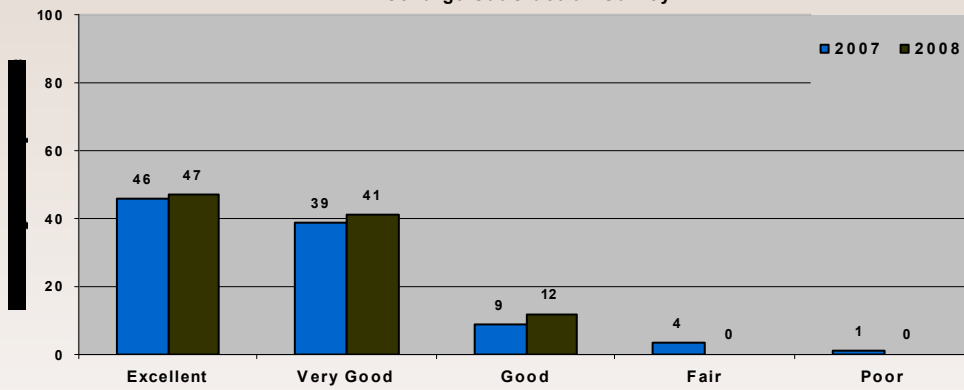
Time to First Appointment
2007-2008
Admission Satisfaction Survey



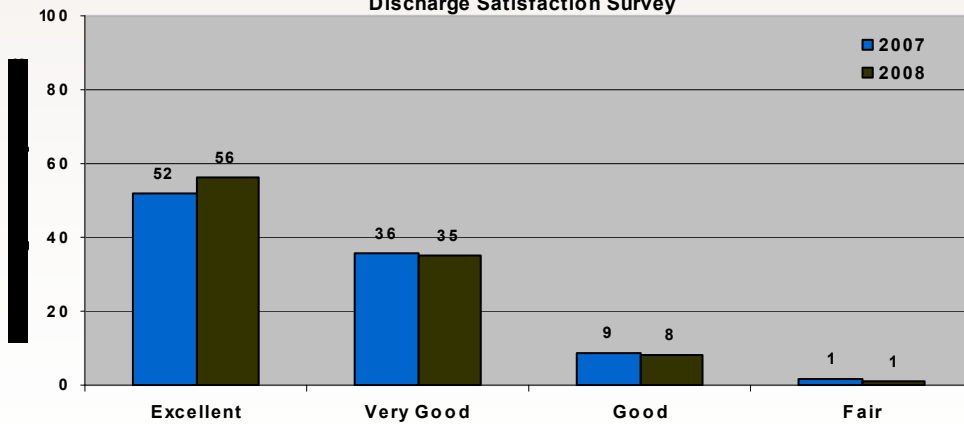
**Treatment Helped Me Abstain
2007-2008
Discharge Satisfaction Survey**



**Involvement in Development of Treatment Plan / Goals
2007-2008
Discharge Satisfaction Survey**



**Progress Made in Treatment
2007-2008
Discharge Satisfaction Survey**



2008 Financial Statement

ASSETS

Current Assests

| | |
|---|-------------------|
| Cash | \$ 65,445 |
| Accounts receivable, net allowance of \$55,000 and \$45,000 in 2008 and 2007, respectively | 220,324 |
| Grants receivable | 64,887 |
| Prepaid expenses | <u>9,443</u> |
| Current Assets | \$ 359,099 |

Property and Equipment

| | |
|-----------------------------------|---------------------|
| Land | \$ 58,500 |
| Building and improvements | 1,728,582 |
| Furniture and fixtures | 133,368 |
| Equipment | 365,661 |
| Automobiles | 81,360 |
| Software | <u>21,175</u> |
| | \$ 2,388,646 |
| Less: Accumulated depreciation | <u>(898,281)</u> |
| Net Property and Equipment | \$ 1,490,365 |

Investments

| | |
|---|------------------|
| Beneficial interest in Community Foundation | <u>\$ 11,382</u> |
|---|------------------|

Other Assets

| | |
|---------------------------------|------------------|
| Restricted cash—Lightfoot Trust | <u>\$ 75,014</u> |
|---------------------------------|------------------|

| | |
|---------------------|---------------------|
| TOTAL ASSETS | \$ 1,935,860 |
|---------------------|---------------------|

LIABILITIES AND NET ASSETS

Current Liabilities

| | |
|-----------------------------------|-------------------|
| Accounts payable | \$ 54,659 |
| Accrued payroll and payroll taxes | 105,136 |
| Other accrued payables | |
| 641 | |
| Current portion notes payable | <u>501,396</u> |
| Current Liabilities | \$ 661,832 |

Long-Term Liabilities

| | |
|-------------------------------------|------------------|
| Notes payable | \$ 527,122 |
| Less: Current portion notes payable | <u>(501,396)</u> |
| Total Long-Term Liabilities | \$ 25,726 |

| | |
|--------------------------|-------------------|
| Total Liabilities | \$ 687,558 |
|--------------------------|-------------------|

Net Assets

| | |
|------------------------|--------------|
| Unrestricted | \$ 1,173,288 |
| Temporarily restricted | |
| 172 | |
| Permanently restricted | |
| <u>74,842</u> | |

Special Thanks To Our Partners...

City of Abilene—Special Alcohol Liquor Tax Fund
City of Salina—Special Alcohol Liquor Tax Fund
Elden V. Miller Family Charitable Trust
Salina Area United Way
Saline County—Special Alcohol Liquor Tax Fund
State of Kansas Department of Social & Rehabilitation Services—
Addiction and Prevention Services

For their support of the Central Kansas Foundation in 2008

Also, many special thanks to the many individuals and organizations who have supported our agency with donations of time, money and items to assist our patients.

Looking Ahead...2009 Initiatives

- ◆ *Expanded Co-Occurring Disorders Treatment*
- ◆ *Recovery Oriented Systems of Care Initiatives - Recovery Coaching*
- ◆ *Expanded partnerships to increase recovery resources for patients*

**Central Kansas Foundation
2008 Annual Report**

www.c-k-f.org



Salina Area United Way

