

2009

Annual Report
Making Wise Use of Our Resources



Central Kansas
Foundation

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VISION

Recognized as a leader in the field, the Central Kansas Foundation serves as a catalyst for the development and delivery of quality, effective and innovative substance abuse prevention and treatment services. CKF values the diverse needs of the community while offering each person compassion, dignity, and respect.

AGENCY MISSION

The Central Kansas Foundation is a not-for-profit corporation founded for the purpose of providing both quality and affordable alcohol and other drug education and treatment services to the citizens of Salina and surrounding areas.

From the CEO: Making Wise Use of All of Our Resources

“Times are uncertain. People are concerned about whether they will wake up tomorrow with a job, a home, and food on the table.” Those were the first words from CKF’s 2008 annual report. They are words that have continued to ring true throughout 2009. Although the economy seems to have taken a turn for the better in some areas, worries persist as the state struggles to balance the budget and individual families struggle to make ends meet.

Over the past couple of years, CKF board members and staff have reflected on staying true to the agency mission while making wise use of limited resources. One of CKF’s strengths has always been innovation. During these uncertain times it would be easy to hunker down and limit service, however, at CKF “hunker down” is just not in our vocabulary. Adjust and thrive are words our staff understand. While some practical decisions have had to be made due to limited funding, CKF has adjusted and thrived by keeping our focus on providing quality patient care.

Our newest initiative in patient care has been the implementation of Recovery Coaching services. A recovery coach serves as a knowledgeable peer that can provide information, resources and guidance to patients. Recovery coaches are trained and certified and work as part of the treatment team. In 2009, the Central Kansas Foundation supported twenty-one (21) recovering individuals in training for these services. Recovery Coaches have been integrated into just about every aspect of outpatient treatment in Salina and currently facilitate the Passport to Change waiting list groups on a daily basis. They are able to connect with patients from admission to discharge, sharing their personal experiences with recovery.

Recovery coaching provides just one component of an overall Recovery Oriented System of Care. In the year to come CKF will continue to help individuals and their families improve their health, wellness and quality of life through recovery. By focusing on the best utilization of existing agency and community resources, our system of care will continue to provide patients with the opportunity to adjust and thrive in a life of recovery.

Les Sperling
Chief Executive Officer

Our Promises

2009 Board of Directors

Scott Seirer, President

Larry Day, Vice President

Allen Jilka, Secretary/Treasurer

*Fr. Kerry Ninemire, Past
President*

Linda Benjamin

Vicky Bonilla

Dennis Hill

Ed Marks

Millie Moye

Gerald Shaft

To Our Patients

- To help
- To provide quality and affordable services
- To offer effective programs
- To provide a safe and comfortable environment
- To ensure a knowledgeable staff
- To provide hope

To Our Communities

- To fight for the needs of the addict
- To fight the stigma of addiction
- To provide education and resources about addiction
- To provide assistance to individuals, families, employers, citizens of the communities

To Our Partners, Funders, Referral Sources

- To offer prompt service
- To provide consistent service
- To provide effective programs
- To manage our resources responsibly

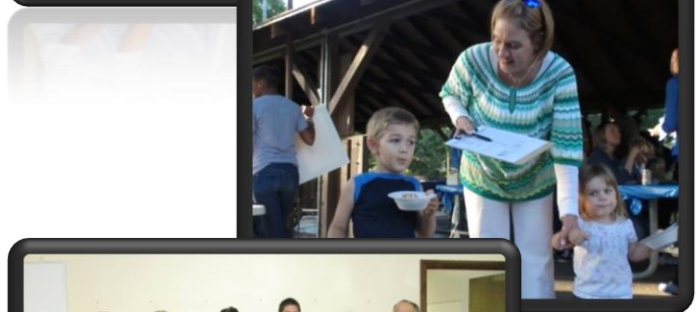


2009 Agency Highlights

- Successfully implemented a Peer Mentoring Program in Salina
- Implemented Co-Occurring Disorders program to provide enhanced treatment to individuals with a substance use disorder and a co-occurring mental health disorder
- Celebrated Recovery Month in Salina and Colby
- Began restructure of the CKF Website with funding from Sunflower Foundation & Miller Trust
- Increased utilization of video conferencing to provide assessment and counseling services from one CKF site to another.
- Trained staff in the HOW To Cope family program
- Trained clinical and prevention staff in the PRIME for Life and PRIME Solutions programs

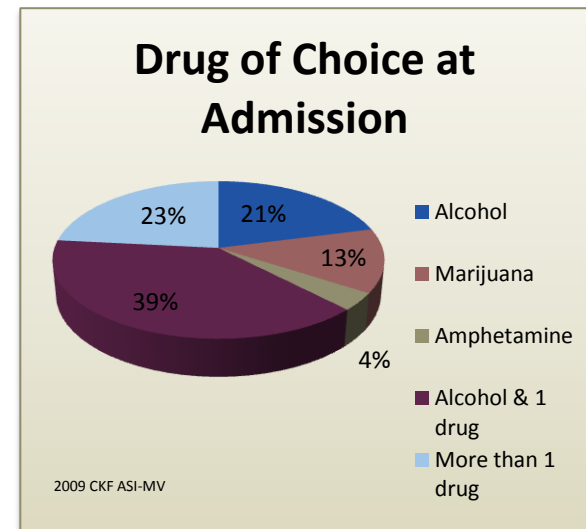
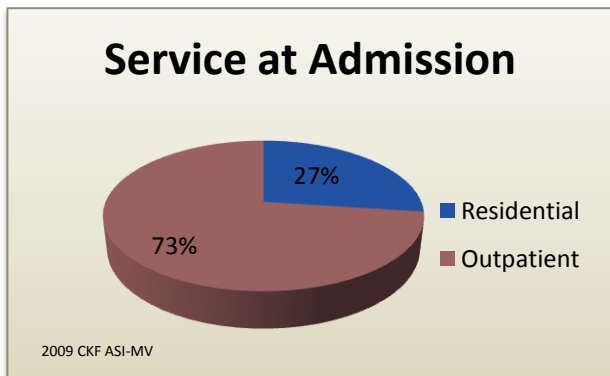
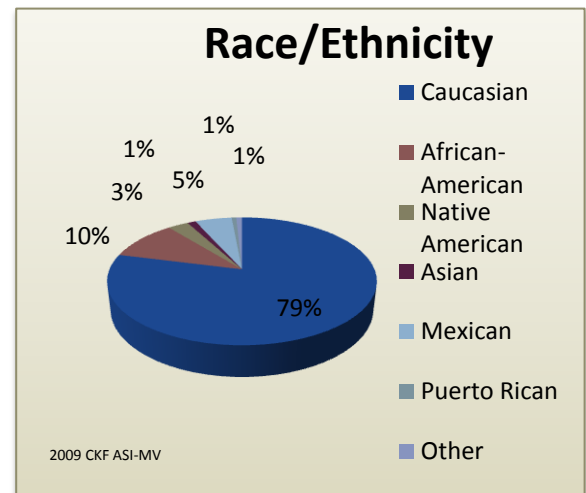
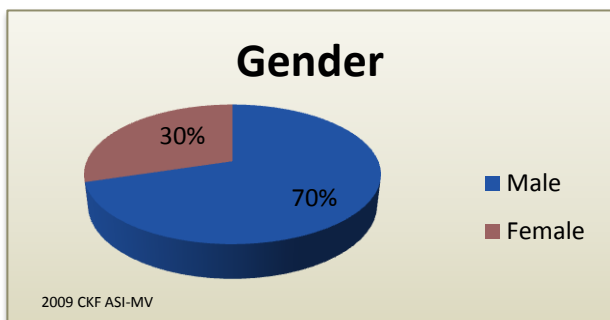
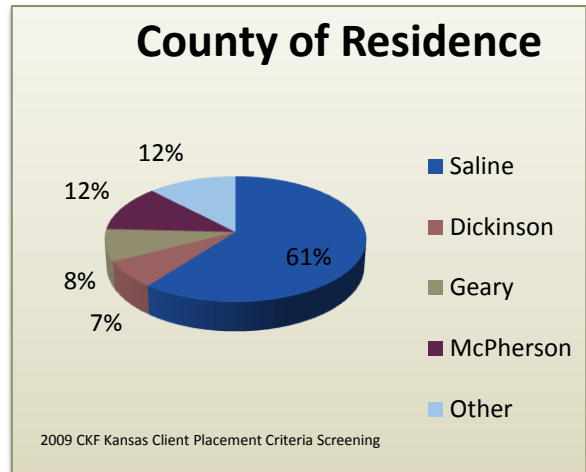
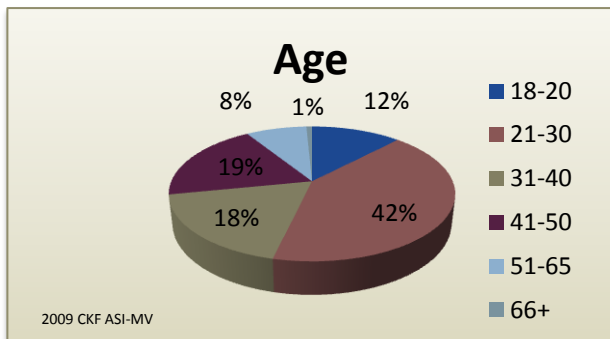
CKF Programs & Services

- Prevention & Education
- Assessment & Referral
- Social Detoxification
- Residential Treatment
- Intensive Outpatient Treatment
- Outpatient Treatment
- Individual & Family Counseling
- Continuing Care Group
- Case Management
- Anger Management
- Employee Assistance Services
- Recovery Coaching



In 2009, a total of 851 individuals were admitted into treatment at all of CKF's five locations in Central and Western Kansas.

2009 Patient Demographics



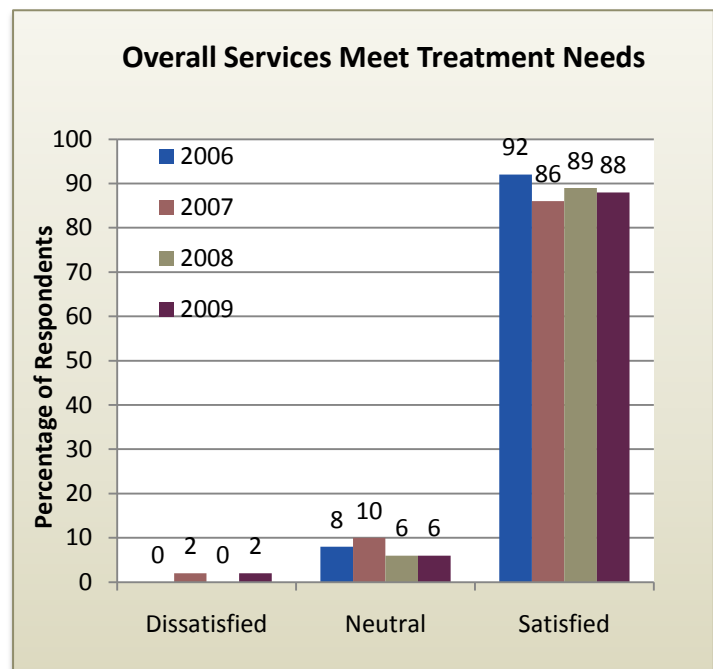
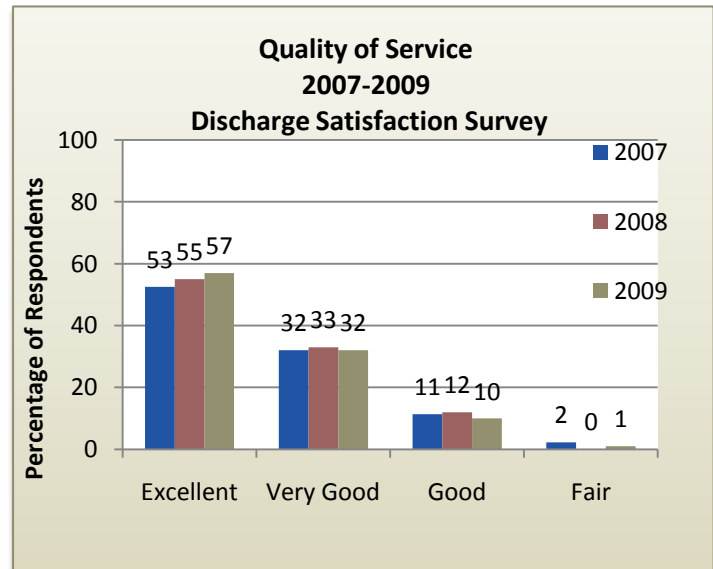
2009 Patient & Referral Satisfaction

Patients complete satisfaction surveys at Admission and again at Discharge from treatment services. Referral sources are surveyed annually to determine their level of satisfaction with the services provided by CKF.

Summary of Findings:

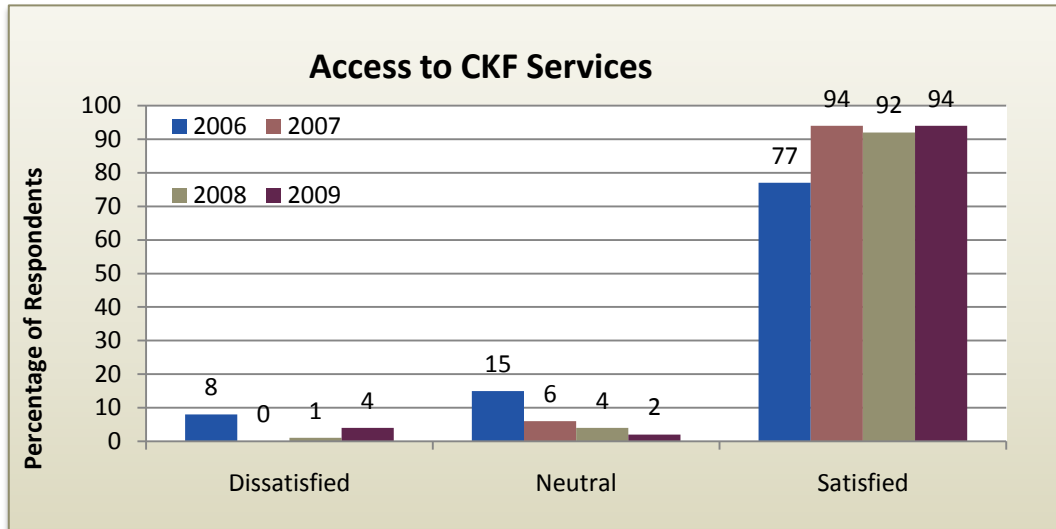
1. CKF's overall quality of service has remained consistently high over the years.
2. Respondents were satisfied with the needed services being available.
3. The courtesy and helpfulness of CKF staff has remained consistently high over the years.
4. Over 96% of patients are satisfied with the professionalism, respect, and courtesy shown by their counselor.
5. Patients continue to report very high levels of satisfaction with the progress they made in treatment and their involvement in the development of treatment plans/goals.
6. Most respondents feel that treatment helps them abstain.

Quality of Services:



Patient & Referral Satisfaction Continued

Access to Services:



**Special Thanks to the following CKF Partners
for supporting our efforts throughout 2009**

- City of Abilene – Special Alcohol Liquor Tax Fund*
- City of Salina – Special Alcohol Liquor Tax Fund*
- Elden V. Miller Family Charitable Trust*
- Greater Salina Community Foundation*
- Lyle Lightfoot Trust*
- Salina Area United Way*
- Saline County – Special Alcohol Liquor Tax Fund*
- State of Kansas Department of Social & Rehabilitation Services – Addiction & Prevention Services*
- Sunflower Foundation*

Also, special thanks to the many individuals and organizations that have supported our agency with donations of time, money, and items to assist our patients.

2009 Financial Statement

Statement of Financial Position - December 31, 2009

ASSETS

Current Assets

Cash	\$ 54,137
Accounts Receivable- Net of allowance of \$65,000 and \$55,000 in 2009 and 2008, respectively	132,141
Grants Receivable	114,142
Prepaid Expenses	3,615
Current Assets	<u>\$ 304,035</u>

Property and Equipment

Land	\$ 51,000
Building and improvements	1,630,330
Furniture and fixtures	121,417
Equipment	276,393
Automobiles	81,360
Software	26,134
	<u>\$ 2,186,634</u>
Less Accumulated depreciation	(849,871)
Net Property and Equipment	<u>\$ 1,336,763</u>

Investments

Beneficial interest in Community Foundation	<u>\$ 14,119</u>
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Other Assets

Restricted cash – Lightfoot Trust	<u>\$ 75,118</u>
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TOTAL ASSETS **\$ 1,730,033**

LIABILITIES AND NET ASSETS

Current Liabilities

Accounts Payable	\$ 45,876
Accrued payroll and payroll taxes	41,398
Other accrued payables	175
Line of credit outstanding	364,417
Current portion notes payable	17,961
Current Liabilities	<u>\$ 469,827</u>

Long-Term Liabilities

Notes Payable	\$ 25,856
Less: Current portion notes payable	(17,961)
Total Long-Term Liabilities	<u>\$ 7,895</u>

TOTAL LIABILITIES **\$ 477,722**

Net Assets

Unrestricted	\$ 1,177,195
Temporarily Restricted	164
Permanently Restricted	74,952
Total Net Assets	<u>\$ 1,252,311</u>

TOTAL LIABILITIES AND NET ASSETS **\$ 1,730,033**

Central Kansas Foundation
Office Locations

Salina Office

1805 South Ohio
Salina, Kansas 67401
(785)825-6224

Abilene Office

306 N. Cedar
Abilene, Kansas 67410
(785)263-1328

Junction City Office

839 N. Eisenhower Drive
Junction City, Kansas 66441
(785)762-3700

McPherson Office

107 W. Marlin
McPherson, Kansas 67460
(620)241-5550



Salina Area United Way

The Central Kansas Foundation is a 501(c)3 not-for-profit organization.